

Faith at Home

THIRD GRADE – THE SEVEN SACRAMENTS

Please help your child to memorize the Sacraments, as well as help them to understand their meaning.

SACRAMENTS OF INITIATION

These are the sacraments we receive to become full members of the Church

Baptism	This is the first sacrament we receive. It cleanses us of original sin (which separates us from God), brings us to share in the divine life, and makes us a member of the Church.
Eucharist	This sacrament deepens our union with Christ through receiving the true presence of His Body and Blood under the appearances of bread and wine.
Confirmation	This sacrament strengthens us to live our faith by a special outpouring of the Holy Spirit.

SACRAMENTS OF HEALING

These are sacraments that help us to be healed spiritually, and sometimes physically

Confession/Reconciliation	In this sacrament we receive forgiveness for our sins which are forgiven by God through the priest.
Anointing of the Sick	This sacrament provides spiritual strength during a time of illness. Rarely, physical healing occurs as well.

SACRAMENTS OF VOCATION

These are sacraments that help us to be faithful to how God calls us to live our lives as His followers

Marriage	A man and a woman are strengthened by a perpetual bond in their love for one another and for their future roles as mother and father of a family.
Holy Orders	A man is given a special gift of the Holy Spirit to serve Christ as a deacon, priest, or bishop by this sacrament.

Family Reflection Questions:

- When and where was everyone in your family baptized?
- For Parents: When did you receive any other sacraments listed here? What do you remember about receiving them? How have they helped you to live your life?