

## CHOOSING A CONFIRMATION NAME

One of the most important parts of preparing for Confirmation is choosing a saint's name. This should be a saint whose story inspires you, who you want to choose as a special patron for the rest of your life.

To guide you in this process, we are asking that you research at least three different saints before choosing one, and then write a brief report on their life and why you chose them. Please pass in this sheet and your report on or before the class of January 21, 2024.

To research different saints, there are many resources available:

- You might want to start with the list at <http://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls>. Follow the links to get more info on the different saints.
- You may also visit websites like [www.catholic.org/saints](http://www.catholic.org/saints), or other religious websites with information on saints.

### SECTION A

Your Full American/Baptismal Name (First, Middle, Last): \_\_\_\_\_

The saint's name I have chosen for Confirmation is: \_\_\_\_\_

### SECTION B

Please tell us at least three saints you considered/researched before choosing one as your Confirmation name:

\_\_\_\_\_

Tell us about your saint:

In what country did they live (there may be several)? \_\_\_\_\_

When did they live? \_\_\_\_\_

Please write down three important events from this saint's life:

1.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### SECTION C

On a separate sheet of paper, write a one page report sharing why you chose this saint as your Confirmation patron.

How does the life and example of this saint inspire you?

What virtues, struggles, special gifts, or accomplishments in the life of this saint appealed to you?

Why do you want this saint to be a special patron for you in your life?

Please remember to include your name at the top, and staple it to this form when you return it.